

May, 2-30, 2024

Join DanceAction's Classes: Contemporary Pathways & Architecture

Company: Carmen Caceres DanceAction
Venue: Dancewave
Location: Brooklyn, NY

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Daniel Hess

Join DanceAction's Classes: [Contemporary Pathways & Architecture](#) [REGISTER](#)

Thursdays, May 2, 9, 16, 23, and 30, from 10 AM to 12 PM at [Dancewave \(182 4th Avenue, Brooklyn, NY 11217\)](#)

This Contemporary dance class offers a unique blend of dance training techniques and styles (Flying Low, Cunningham, Release), along with playful improvisation tools and strategies. This combination is designed to ignite creativity, enhance physical ability, and broaden versatility as movement artists. The class focuses on building strength, flexibility, endurance, coordination, and movement mechanics through a series of exercises that study shape and pathways of energy in space. It incorporates movement explorations and structured dance improvisations, fostering clarity and ease in dance decision-making scenarios. Each 2-hour session concludes with an exploration of DanceAction's repertory through accessible phrase work, providing participants with a comprehensive and enriching dance experience. This class is open to all movers; however, it is geared towards intermediate dancers.

Pricing: Single Class Drop-In: \$15 to \$20 sliding scale

5 Class Pack: \$70

Pre-Register Together! Discount* (for 7 people or more): \$10 per person *Only available for participants pre-registering online for a single class.

We won't turn anybody away; please inquire at carmencaceresdance@gmail.com.

Registration: Email Carmen Caceres at carmencaceresdance@gmail.com or use [THIS FORM](#).

Teaching Artist: *Carmen Caceres*

[Carmen Caceres](#) is a dance artist originally from Buenos Aires, Argentina. She has been creating dance works in Argentina and NY since 2009. Her works have been presented in several venues, such as Dixon Place, Green Space, Triskelion Arts Center, Teatro Sea, The Mark Morris Dance Center, The Center at West Park, and the Center for Performance Research. In 2013, she founded DanceAction, a dance company that works as a creative platform to produce performing arts works in collaboration with musicians, dramaturges, and visual artists. As a performer and collaborator, she worked with artists such as Lisa Parra, Sarah Berges, Elia Mrak, and Jody Oberfelder. Carmen received a BA in Dance and Education at SUNY Empire and deepened her studies in dance at the former Merce Cunningham Studio. She has also studied with renowned artists like David Zambrano, Shelley Senter, Robert Swinston, and Ashley Tuttle. In her native city, she graduated from the National School of Dance and studied Dance Composition at UNA. Carmen also works as a dance educator and consultant in different organizations in New York City.

[DanceAction](#) is a contemporary dance company based in New York, led by Argentinian choreographer Carmen Caceres. With a team of culturally diverse artists, we create dance works that reflect social realities that concern people, relationships, and social justice. Our primary purpose is to interpret these issues and use our works to propel change. DA participated in numerous festivals and performance series in New York and abroad, including Take Root at Green Space, Under Exposed at Dixon Place, Women Center Stage Festival at Teatro SEA, Festival FIDCDMX in Mexico City, and Ticino in Danza in Switzerland. DA has self-produced and presented several full-length works, such as BLINDSPOT at the Mark Morris Dance Center and Game Night at the Center for Performance Research. DA's awards include the City Artist Corps and LMCC Creative Engagement Grants. Most recently, DA developed and presented their latest work, Welcome to Imagi*Nation, as a Resident Artist at the Center at West Park.

Follow DanceAction on [Instagram](#) & [Facebook](#).

Carmen Caceres DanceAction

182 4th Avenue

Brooklyn, NY, 11217

(718) 522-4696

<https://docs.google.com/forms/d/e/1FAIpQLSfqm-xTy0thn2g143CjmAwGKHvKy07adLTJhl65dB2AXUusXQ/viewform>

Schedule

May 2, 2024: 10:00am

May 9, 2024: 10:00am

May 16, 2024: 10:00am

May 23, 2024: 10:00am

May 30, 2024: 10:00am

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