

January 29 - March 18, 2024

Shared Practice with Shelley Senter

Company: Trisha Brown Dance Company
Venue: New York Center for Creativity & Dance
Location: New York, NY

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Trisha Brown Dance Company is thrilled to begin offering a weekly class with TBDC Alum and renowned teacher Shelley Senter. Join us Mondays, January 29 - March 18 from 10:00AM - 11:30AM for Shared Practice.

[MONDAYS | SHARED PRACTICE WITH SHELLEY SENTER](#)

WHEN

Mondays, January 29 - March 18
10:00 AM - 11:30 AM
no class February 12

LOCATION

New York Center for Creativity & Dance
287 East 10th Street, Studio 5

COST

Sliding Scale \$12- 20
Accepting cash, credit card and apple pay.

REGISTRATION

Pre-Registration is highly recommended via [this google form](#).
Payment accepted in-person or via [this square link](#).
Walk-In registration is welcome!

CLASS DESCRIPTION

The principles of the Alexander Technique and Trisha Brown's choreography both highlight perception, subtlety, subjectivity, inner space in relation to outer space, self in relation to others. Experimental in nature, both are critical practices that cultivate self-reflection, curiosity, specificity, and deep self-knowledge that allows, to quote Trisha, "all of the person's person to arrive at the same moment."

In this series of classes/labs, Shelley Senter shares her personal practice and experience of applying the principles of the Alexander Technique to Brown's work through repertory excerpts, hands-on work, observation, and dialogue.

"I think we need a variety of skills. The Alexander Technique helps to integrate the individual dancer plus all the systems that he or she has been exposed to. It is important to tell a student that there is a different way of moving free of grit force, interruptions, habitual patterns, of tension. They need to learn to stop that." -Trisha Brown

BIO

Shelley Senter is an independent and collaborative dance artist whose work has been presented worldwide. She danced with the Trisha Brown Dance Company from 1986-1991, and continues to perform as a guest on occasion. Senter has directed reconstructions and adaptations of Brown's choreography for such institutions as the Lyon Opera Ballet, Centre Georges Pompidou, Barbican, P.A.R.T.S., Centre National de Danse Contemporaine, and many universities in the US. Senter is a répétiteur of Yvonne Rainer's Trio A, and has been presented as a "living archive" of the seminal choreography of Brown, Rainer and others in autobiographical performance-lectures at such venues as MoMA, the Tate Modern, Berliner Festival, and the US Embassy in Vienna, where she was honored for her particular approach to transmission and performance at the Impulstanz Festival. Her work is informed by her experience as a teacher of the Alexander Technique, member of LOWER LEFT Improvisation Performance Collective and collaborations with many distinguished artists.

Learn more about our programming and other class offerings at trishabrowncompany.org.

For any questions, please email c.campbell@trishabrowncompany.org.

Trisha Brown Dance Company
287 East 10th Street Studio 5
New York, NY, 10009
<https://trishabrowncompany.org/education/new-york-city-classes.html>

Schedule
January 29, 2024: 10:00am
February 5, 2024: 10:00am
February 19, 2024: 10:00am
February 26, 2024: 10:00am
March 4, 2024: 10:00am
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