

OUR NEW YORK CITY DANCE

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pilates

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PLACE LISTINGS OR PURCHASE

December 15, 2025

Social Media Intern Needed!



Internship Opportunity: Social Media & Marketing Assistant (Peekskill Pilates & Westside Pilates) Unpaid Internship – Ideal for Academic Credit & Portfolio Building We are seeking a highly motivated and creative Social Media Intern to take charge of the digital presence for two dynamic wellness brands: Peekskill Pilates and Westside Pilates (WSP). 3 locations in total but you do not have to...

December 4, 2025

Fully Certified Pilates Instructors- Flying Squirrel Studios



Hello Pilates instructors! Flying Squirrel Studios in the East Village is now hiring. We are a well established, boutique studio with longstanding awesome clientele that you will love. The neighborhood is vibrant, full of gardens and cafes and still offers that old NYC charm. Good vibes all around! If you are a motivated, detail oriented instructor looking to work in an intimate environment that promotes...

November 27, 2025

Front Desk Administrator



Mind Your Body offers Pilates and Gyrotonic training. Located on the UES in NYC, for thity five years, with strong retention, community and a calm but fast paced environment. We are seeking one individual with strong office, aministrative and customer service skills. The job description is shared between Front Desk/client relations, Administrative work/account details, studio operations and keeping...

November 11, 2025

Auditions for Dancer with Classical Pilates Experience for Workout Video Shoot (3 Days - Late December)



A soon to launch fitness instruction app is seeking a dancer with strong body awareness and classical Pilates training to film a series of Pilates workout videos for our upcoming app. The ideal candidate has formal training in classical Pilates and the ability to follow precise movement cueing with control and clarity on camera. We're looking for someone who moves intelligently, understands alignment...

October 28, 2025

Mid-Winter MOVE



Join Ballaro Dance in Rochester, NY for a Two-Day Mini-Residency this Winter! Schedule: 10am-11:30am — Modern MOVES, Technique 11:30am-1pm - Community CREATE 1pm-1:40pm - Lunch & SHARE 1:45pm-2:30pm - Pilates | Precision | Power 2:30pm-5:00pm - Ballaro MOVES, Repertory Tuition: Full Weekend (2-Day): Early bird \$160 | Reg. \$175 Single Day (Sat): Early bird \$85 | Reg. \$90 +Drop-in rates...

October 21, 2025

Pilates certification exchange



Inquire for a work exchange for a Pilates based fitness Certification. Get trained on the mat, springboard, suspension trainer, reformer, free weights, Cadillac, chair, and more! When you are done with this program, you can teach anywhere, effectively and efficiently. Please respond with your availability. ...

October 18, 2025

Work Study Position at BodyTonic Pilates



BodyTonic is looking to fill a work study/ front desk position at a busy Pilates studio in Park Slope, Brooklyn. We are looking for someone who is personable, reliable and can be autonomous. Interest in becoming a Pilates teacher or Teacher Training preferred. Duties include admin work; talking with clients, scheduling and assisting the Office Manager; light cleaning and tidying up. Please email...

October 8, 2025

GYROTONIC® and/or Pilates Instructor



Mind Your Body studio is hiring Gyrotonic instructors as well as one Pilates instructor. We are a leading studio on the UES NYC. We are looking for individuals who can work well independently and as a team. We are a well established business with a strong, retained $client\ base.\ The\ studio\ offers\ Pilates\ apparatus\ private\ lessons\ and\ classes.\ The\ Gryotonic\ lessons\ are\ offered\ as\ private\ or\ Duet\ only.$

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