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August 9, 2025

## SUN AUG 10 - FREE CONTEMPORARY FORMS X PLAY MOTION LAB FEAT. NIKAIO BULAN SAHAR THOMASHOW



**ABOUT US** The mission of Play Motion Lab began in an effort to provide affordable classes and workshops as the cost of open classes, workshops, and training for dancers continues to rise unsustainably. It has now expanded as a groundswell and niche space to build community amongst professional dancers actively working in New York. To date we have served over 400+ dancers and held monthly workshops...

August 9, 2025

## Heels Dance Open Call



**HEELS DANCE NIGHT OPEN CALL!** NYC's fiercest dancers, it's your time to SLAY!?! QIAA is bringing a fierce, fabulous, and fearless Heels Dance Party Night to Nebula NYC – and we're calling all performers ready to light up the stage! Date: Friday, August 29, 2025 Location: Nebula NYC, 135 W 41st St, New York Time: 8:00PM - 11:00PM (Tech rehearsal and performance) WHO WE'RE LOOKING FOR Group...

August 8, 2025

## Dance Pedagogy Certification in NYC



**Dance Pedagogy & Methodology of Teaching in NYC** A 3-month dynamic and comprehensive course for dancers, educators, and choreographers seeking to deepen their teaching practice and develop a personalized, effective, and inclusive pedagogical approach. This 12-week program offers an immersive experience designed to explore universal teaching methodologies applicable across all dance styles and techniques....

August 7, 2025

## Contemporary Floorwork & Partnering Workshop



Come take an intermediate floorwork and partnering workshop with director of rogue wave, Catherine Messina, and professional dancer/creator Aryanna Allen. Class will include a juicy warmup, partnering basics, rogue wave rep, and floorwork fundamentals. Workshop is dedicated towards the intermediate dancer, but anyone could benefit through scaffolding, modifications, and speed based groups. Rogue...

August 5, 2025

## Call for Heels Dance Performance



**HEELS DANCE NIGHT OPEN CALL!** NYC's fiercest dancers, it's your time to SLAY!?! QIAA is bringing a fierce, fabulous, and fearless Heels Dance Party Night to Nebula NYC – and we're calling all performers ready to light up the stage! Date: Friday, August 29, 2025 Location: Nebula NYC, 135 W 41st St, New York Time: 8:00PM - 11:00PM (Tech rehearsal and performance) WHO WE'RE LOOKING FOR Group...

August 4, 2025

## Join a supportive training company



**DCL Season 3 Submissions About:** We are a dance training company with weekly rehearsals founded on the principles of LEARNING through inclusive practices, GROWING through mutual support creating a brave space to be pushed outside of your comfort zone, ACCE?SSING high-level training without financial barriers, and PRODUCING work with like-minded artists. We've built our community to hang out, make...

July 29, 2025

## AUG 10 - FREE CONTEMPORARY FORMS X PLAY MOTION LAB FEAT. NIKAIO BULAN SAHAR THOMASHOW



**ABOUT US** The mission of Play Motion Lab began in an effort to provide affordable classes and workshops as the cost of open classes, workshops, and training for dancers continues to rise unsustainably. It has now expanded as a groundswell and niche space to build community amongst professional dancers actively working in New York. To date we have served over 200+ dancers and held monthly workshops...

July 28, 2025

## [Contact Improvisation/Butoh Workshop this Saturday 8/2](#)

Saturday, August 2 from 12-3 pm at Kestrels 188 6th St. Brooklyn, NY This workshop, entitled "Interbeing", facilitated by Eilish Hendrix, will act as a continuing inquiry into the ways in which we can approach contact improvisation from a butoh lens. The essence of our being interbeing- with eternal and necessary threads connecting us to the land, rivers, and one another. Grounded...

