Wednesday, April 28, 2010

Studio Anya seeks Work Study Volunteers in exchange for Yoga, Pilates and Movement Classes

To apply, send a brief statement of interest and any dance, yoga, pilates, movement or healing experience to snewett@gmail.com

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Three work study/internship positions are available at Studio Anya. Anya's curriculum features a philosophy of movement and is the experiential study of reciprocity based on the law of magnetism. A mind + body curriculum as a modern day guide for transformation and evolution. A unique integration of the most salient points of Yoga, Pilates and Thai- Healing-- alchemizing fitness as we know it...

Work Study Volunteers are responsible for signing people into classes, learning the mind-body online system, and general light cleaning of the beautiful studio which features rooms for private practice, meditation, and a large library for studying. Work Study Volunteers are encouraged to study the Anya curriculum to better answer client questions and grow as movers.

These positions would be ideal for someone with a strong interest in movement.

Current shifts available are: Wednesday from 5 pm - 8:30 pm.
Thursday from 5 om - 8:30 pm.
Sunday from 10 a.m. - 1:30 pm.

In exchange for working one shift per week work study volunteers may take unlimited classes for free. 30 group classes are offered weekly in yoga, pilates and movement.

For more information about the studio, please visit www.studioanya.com.

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