

OUR NEW YORK CITY DANCE

Friday, December 2, 2011

Certified Pilates Instructor

info@sanctuarypilates.com

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Sanctuary Pilates is looking for a fully certified Pilates instructor with a minimum of 2 years professional experience and morning and Friday evening availability. Please email your bio/resume as well as the details of your certification and availability for an interview to info@sanctuarypilates.com. Read below for further information and visit our website www.sanctuarypilates.com.

We look forward to hearing from you!

We believe students develop exponentially with the proper application of pilates principles: concentration, control, precision, breath and flow. With clear concise cueing from an articulate, supportive teacher, you, too will quickly understand how Sanctuary teachers are a cut above the

Sanctuary's pre and post natal program are unparalleled in the City. Headed by Kate Artibee, a DONA trained doula and certified prenatal yoga teacher, Sanctuary provides resources for Moms and Babies alike from childbirth education, prenatal training, labor support and postnatal coaching.

By design, our studios are intimate, warm and tranquil. Our Equipment studio houses one or two private sessions at a time. Next door, our group mat studio holds a maximum of fifteen participants. You will always find yourself in a peaceful, clean environment where our focus is on you.

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