

Tuesday, September 25, 2012

FREE NUTRITION & LIFESTYLE EVALUATION

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To celebrate the grand opening of our new nutrition office in Manhattan, we are offering a special two week promotion for FREE Nutrition & Lifestyle Evaluations now through October 12th.

The one-on-one wellness evaluation is guided by a certified nutritionist and personal wellness coach. The service includes a free Nutrition and Lifestyle Evaluation and a Body Composition Analysis (a \$375 value).

What information will you receive in the evaluation?

- ◆ Classic & Cellular Nutrition Suggestions
- ◆ BMI
- ◆ Body Fat %
- ◆ Muscle Mass %
- ◆ Visceral Fat %
- ◆ Body Age
- ◆ Resting Metabolism
- ◆ Healthy Lifestyle Suggestions

Whether you are looking to lose weight, maintain weight, gain weight, or simply tone up, the consultation provides knowledge of the necessary tools and recommendations for a powerful and lasting lifestyle shift filled with more energy, less stress, and healthier nutrition on a basic and cellular level.

Our office is located at 600 3rd Avenue, New York, NY 10016

If you are interested in booking an appointment, please send your availability between the hours of 9-5pm, Monday through Friday, to Danielle.Marie.Sch@gmail.com

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