

Thursday, October 25, 2012

FREE NUTRITION EVENT THURS & FRI ONLY

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Clear Life Health & Nutrition would like to invite you to a special nutrition event being held from 1-6 pm Thursday October 25th and 11:30-2:30 pm Friday October 26th ONLY. The event includes a FREE personal nutrition and lifestyle evaluation, a nutrition workshop, and sampling from our line of all natural healthy products.

The one-on-one wellness evaluation is guided by a certified nutritionist and personal wellness coach. The service includes a free Nutrition and Lifestyle Evaluation and a Body Composition Analysis (a \$375 value).

What information will you receive in the evaluation?

- ◆ Classic & Cellular Nutrition Suggestions
- ◆ BMI
- ◆ Body Fat %
- ◆ Muscle Mass %
- ◆ Visceral Fat %
- ◆ Body Age
- ◆ Resting Metabolism
- ◆ Healthy Lifestyle Suggestions

Whether you are looking to lose weight, maintain weight, gain weight, or simply tone up, the consultation provides knowledge of the necessary tools and recommendations for a powerful and lasting lifestyle shift filled with more energy, less stress, and healthier nutrition on a basic and cellular level.

Our office is located at 600 3rd Avenue, New York, NY 10016

If you are interested in booking an appointment, please email Danielle.Marie.Sch@gmail.com

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