

Monday, January 7, 2013

Pilates Certification (Work Study)

212-734-2277 or pilates@centerformovement.com

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Do you want to becoming a highly paid Pilates instructor? Center for Movement, established in 1998, has trained many of the New York area's most sought after Pilates instructors. With 3 busy studios, conveniently located in NYC and Scarsdale, our program will prepare you to become a skilled Pilates instructor.

We offer two Work Study options:

Option 1 (for experienced teachers only): 100% tuition cost (\$3800) covered for candidates who have a strong Pilates and movement background, preferable those who have taught movement or exercise classes. You will be initially be required to work a minimum of 15 hours per week at our front desk. Teaching hours will be assigned once the program requirements have been met.

Option 2: 50% of our program cost can be paid through our work study program. You will be required to work a minimum of 12 hours a week at our front desk. The remaining program cost (\$1900) can be paid in 2 installments, with the 1st installment due at the program start.

Job Requirements: Must love working with people, outgoing/energetic, reliable, computer savvy and have a movement or fitness background.

Job Duties Include: Greeting Clients, Booking Appointments, Sales, Light Cleaning and General Office Work. Must include cover letter along with your resume to be considered.

CENTER FOR MOVEMENT, a preeminent Pilates studio established in 1998, strictly adheres to the philosophical and physiological principles incorporated by Joseph Pilates in his formulation of the Pilates method. Our Pilates Certification program offers a comprehensive course of study, providing the candidate with the skills needed in becoming a highly skilled certified Pilates Instructor. Trainees will have the opportunity to learn the techniques and principles of the Authentic Pilates Method, as well as the proper execution of the exercises. The program will focus on techniques of instruction vital to producing a positive client experience. All Pilates apparatus will be included in the program.

Program Description

The program consists of 60 hours of training seminars and 400 hours of apprenticeship. Led by teacher trainer Morwen Banq, and owners Donna Singer & Elle Jardim, the seminars will include in-depth discussions and hands-on instruction of the Pilates Method and its principles. Demonstrations of the correct executions of exercises, as well as practical teaching tips will be given. Discussions will include safety concerns, injuries, exercise modifications, and correct body placement.

For more information about our certification program please go to our website at www.centerformovement.com.

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