

Saturday, November 15, 2014

CATERINA RAGO MASTER CLASS

Company: Caterina Rago Dance Company

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The Caterina Rago Class focuses on building strength through dynamic movement and a unique use of space. We will work to energize the body to realize the maximum movement potential, break preconceptions of ourselves and explore the hidden space around us. The class also pushes the physical body to the max allowing the dancers to get in touch with their inherent, uninhibited way of moving.

November 22nd from 1pm-3pm, Studio B
Spaceworks 33-02 Skillman Ave 11101

Info and Registration:
<http://caterinaragodancecompany.com/calendar/>

~Caterina Rago

Caterina Rago Dance Company
www.caterinaragodancecompany.com

For more information:
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