

Monday, January 26, 2015

## DANCEDRAMA LAB: Choreography & Improvisation

Company: Anabella Lenzu/DanceDrama

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Todd Carroll

DANCEDRAMA LAB SERIES: CHOREOGRAPHY/ COMPOSITION

(Sat 2/21 & Sun 2/22 from 11-2pm)

Expand your craft, technique and creativity in a personalized, tailored program.

FACULTY: ANABELLA LENZU

This workshop aims to stimulate students to create their own passionate and original dances, exploring the elements of choreography composition. Expand your creative process by learning how to take risks, transition from thinking to feeling and show others your inner dialogue. Class will also cover aspects of improvising in a supportive atmosphere.

We look not only at what you dance, but also ask the question "Why do you dance?" Dance is the expressive medium of our heart, mind and soul.

Class size is limited to 10 students for the workshop.

<http://www.AnabellaLenzu.com/workshops>

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[< back](#)

[previous listing](#) • [next listing](#)