

OUR NEW YORK CITY DANCE

Monday, October 3, 2016

Become a certified Pilates Instructor

Company: Power Pilates Location: New York, NY

Compensation: SKY'S THE LIMIT

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Special Pilates Career Development for Dancers ONLY

For almost 20 years, Power Pilates has been working with professional dancers and choreographers to help subsidize their creative passion, by providing low cost education and exclusive benefits. Whether you're 17 or 70, a supplemental or full career as a Pilates instructor is a great way to stay in shape and keep a healthy flexible schedule.

What are the benefits of holding a Classical Pilates Teaching Certificate as a Dancer?

Worldwide Recognition: Whether your are in the United States, or are traveling/touring abroad you'll be able to teach clients in a network of studios worldwide. Power Pilates has a very extensive network of affiliate studios in hundreds of cities including London, Austria, Los Angeles, San Francisco, Buenos Aries, Hong Kong, Tokyo, Capetown, and the list goes on. And many of our partner studios are owned by current or former dancers!

Earning Potential: Upon completion of a Power Pilates instructor training program, our career placement counselors may assist you in finding fulfilling career or part-time opportunities worldwide. The average pay is approximately \$29.50 per hour. National compensation ranges from \$15.19 per hour on the lower end to \$49.40 per hour.

Schedule Flexibility: Professional and practicing dancers need to hold a schedule that allows them to have time to dedicate to diligent dance practice, auditions, and performance opportunities. As a Pilates trainer you'll be able to create a schedule that works best for you.

Stay in Shape; Increase Your Strength: Dancers understand the value of serious Pilates practice. Pilates though is a very expensive fitness modality. But as a Pilates trainer you'll have free access to advanced equipment and training virtually whenever you'd like! Regular Pilates practice increases your range of movement and flexibility while also increasing strength and control throughout this greater range of movement. It also prevents injury and contributes to a longer and more productive dance career. Just ask Martha Graham, Carola Trier, or George Balanchine, all of who worked with and sent students to Joe Pilates' first studio, in the middle of the 20th century.

Exclusive Offers to Professional and Pre-Professional Dancers

Power Pilates is now extending the following special offer to Dancers Only for a limited time only.

Free Sessions, Mat and Group Classes: Depending on the level of training you wish to pursue, as a dancer you will receive an allotment of free classes, sessions and private lessons. Hurry! This offer is good for a limited time only.

Super Discounts: Dancers wishing to explore the opportunity to become a Pilates trainer will receive a very special discount.

Enhance your Dance Contacts: Power Pilates will help you network with new colleagues, dancers, dance studios, rehearsal spaces, stage managers, photographers, costume designers, musicians, and patrons as you work to increase your audience and professional network. Through the use of Power's newsletters, social channels, social events, and partner affiliates you will have the Power to expand your circle.

Ready to Get Started?

- 1. Fill out the form below or call 212.574-5724 today
- 2. Schedule a talk with a Pilates Career Advisor- DARA JEAN
- 3. Complete a 3-Day Mat Level 1 Training and begin as an Internationally Recognized Level 1 Pilates Mat Teacher

Power Pilates 920 3rd ave 6th Flr New York, NY, 10022 212-574-5724 https://powerpilates.com/ For more information: Dara Jean <u>djean@powerpilates.com</u> 212-574-5724

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