

Sunday, May 21, 2017

Barre Fitness Instructor

Company: Physique 57
Location: New York City, NY
Compensation: yes

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Physique 57 is the pioneering leader of ballet-barre based fitness classes. We are a rapidly growing company with five studios in the New York City area as well as studios in Beverly Hills, Dubai, and Bangkok. There are many fantastic benefits to a career at Physique 57. In addition to working to effect positive change in the lives of thousands of women, Physique 57 offers its employees a business casual work and learning environment with generous benefits including medical, dental, life insurance, short- and long-term disability insurance, 401(k) and generous paid time off. There are also great perks including free exercise classes!

Our instructors are a high-energy team of dynamic and creative individuals who change the lives and bodies of our clients every day. Our 200-hour training program produces the most effective and inspiring instructors in the fitness industry.

As our business continues to grow through video on demand and studio openings across the globe, there are plenty of opportunities to evolve with our company. We do require a one year commitment up front for you to fully immerse yourself in our company culture.

If you are interested in a career that gives you creative freedom, keeps you fit and healthy, and is full of plenty of exciting opportunities, then Physique 57 is definitely for you.

Applicants for the Instructor role should possess:

- A love of fitness and wellness
- 1 year of teaching experience
- A background in dance- ballet, jazz or modern preferred
- Knowledge of anatomy and kinesiology (or proper body mechanics)
- Strong communication and interpersonal skills
- Charismatic, motivational and professional personality
- Flexible schedules (early mornings, weekends)

Please submit your headshot and resume and complete our Instructor application on our careers webpage:
<https://physique57.com/careers/physique-57-instructors/>

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