

Monday, March 19, 2018

A Moment in Time + Space

Company: @icarllllyvybez
Compensation: n/a

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Dance is so much more than just choreographed movement with a "story" behind it. Dance is our escape, our therapy; it is so much more than we perceive it to be. It is almost difficult to understand. A Moment in Time + Space is an improvisation workshop being held at Ripley-Grier on March 25th, 2018 where we will explore our deepest thoughts, fears, happiness, sorrow, etc through constructive and contact improv, partnering/trusting your peers and most importantly yourself.

This is a safe space. No judgement zone. I encourage you to join me in this two hour/ \$10 workshop sharing a moment in time and space, exploring ourselves, our bodies, each other, time, space and movement. For more information on exact studio location please email me at icarllllyvybez@gmail.com or on instagram: @icarllllyvybez.

Looking forward to sharing a Moment in Time + Space.

@icarllllyvybez

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