

Tuesday, September 10, 2019

## Group Fitness Instructor (Trainee)

Company: ChaiseFitness  
Location: New York, NY

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ChaiseFitness is a Pilates-based, boutique fitness studio with two beautiful locations in NYC, and franchises in NJ. At ChaiseFitness we are all about building long, lean muscles, a rock solid core, and having a lot of fun in the process! Our program is unique in that it offers all the benefits of traditional Pilates with the added bonus of improved cardiovascular strength and muscular endurance. We've taken Pilates off its back and added the fun and high energy of group fitness training!

The instructors at ChaiseFitness are the foundation of our company and we are finally able to welcome more awesome people to join our team. We are looking for smart, hard-working, passionate people with dynamic personalities to lead our classes! If you love helping people reach their fitness goals while having fun and rocking out to great music, you might just be who we need!

The ChaiseFitness Certification is a 72-hour program that will run from October 17-November 9, meeting Thursday, Friday, and Saturday each week. In the coming weeks, we will be holding auditions to find our new instructors. During the audition, you will take an abbreviated version of our highly acclaimed Reinvention class. You will also be asked to lead a brief cardio routine (that we will teach you), so we can get a sense your musicality and comfort level in front of a class.

Auditions will be held at our Upper Eastside location (1204 Lexington Ave) at 12:30PM on the following Sundays:  
September 15  
September 22

Space is limited so pick the day that works best for you and RSVP by emailing [chaisefitnesscertification@gmail.com](mailto:chaisefitnesscertification@gmail.com).

Most of our current instructors have a dance or fitness background, but anyone with a passion for fitness and helping people should audition. You bring your talents and strong work ethic and we will help you develop the skills you need to be successful. We look forward to meeting you!

ChaiseFitness  
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