

Friday, December 13, 2019

## Trainer at Top Dance Cardio Studio in NYC

Company: Talent

Location: New York, NY

Compensation: \$20,000 - \$50,000 per year

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CURRENTLY SEEKING SUBMISSIONS FOR TRAINERS FOR OUR UPPER EAST SIDE STUDIO!

To be considered, please submit a cover letter, and fitness/training/dance resume.

### POSITION:

We are seeking highly motivated and dynamic Trainers, who are passionate about teaching and educating. The ideal candidate will have experience and expertise in at least one of the following: HIIT and strength interval training, dance, barre/toning, and Pilates methods. Must be able to efficiently explain and demonstrate exercises, provide modifications and progressions accordingly, and physically lead clients through our high-intensity, sweat-inducing classes! Positive, team-player attitude that can inspire our clients from the moment they walk in the door, all the way through their fitness journey. AKT offers the ability to teach multiple classes styles, studio membership, continuing education, and ability to grow in a supportive and fun environment!

### REQUIREMENTS:

Love of boutique fitness is a must – professional dance resume is HIGHLY recommended  
Experience teaching group classes, and demonstrate effective group class instruction  
Charismatic, tenacious, positive, and motivational teaching style  
Punctual, reliable, and dedicated  
Desire to build a successful business in a fast-paced environment  
Professional, effective, and empathetic communication skills, with a focus on customer service  
Fitness certification preferred  
Must have current (or be willing to obtain) valid CPR/AED certification

### RESPONSIBILITIES:

Provide signature, energetic AKT workouts pursuant to AKT standards  
Instruct clients using proper form, safe methods, and modifications  
Conduct private, semi-private, demo or other additional sessions as needed  
Be a motivating and inspiring force in the AKT Community  
Maintain a clean and orderly workout environment and assist with class setup  
Support studio growth by promoting retail, studio events, and classes  
Build class attendance and retain current clientele through professional interaction  
Talk with clients about their goals and introduce them to our membership sales and services  
Attend staff meetings and required educational presentations  
Assist front desk and General Manager with studio tour, check in, and sales as needed  
Maintain strong, professional social media presence to increase class following

### COMPENSATION & BENEFITS:

This position offers a very competitive compensation package, based on experience & performance  
Unlimited growth potential within the company

