

Monday, June 8, 2020

Ojas Online Classes this Week

Company: Ojas Dance Project
Location: New York, New York

► [Share](#) | [Print](#) | [Download](#)



Ojas Dance Project is offering a variety of different classes throughout the month of June (via June). All are welcome!!! If you are willing in able, we ask for a \$10 suggested donation for Black Visions Collective : <https://secure.everyaction.com/4omQDAR0oUiUagTuOEG-Ig2>

We're looking forward to expanding our community! We'd love to see you there!

THIS WEEK!

Tuesday 6/9, 5:30-6:30pm: Movement Exploration & Improvisation with Sarah Condon

We will draw the focus inward and explore new ways of moving our bodies. Through a series of exercises and games, we will also work together to help one another explore movement from another perspective.

Link to register: https://us02web.zoom.us/meeting/register/tZ0pceGtrDwtGtHhPQwm-X4Hq7mrVWvLP_z

Thursday 6/11, 5:30-6:30pm: Contemporary with Taylor Douglas

This virtual contemporary class will focus on energy, how it moves in and out of the body, and how the body can move energy in the space around. This class will be based on sensation and feeling of movement, to allow dancers to experiment with familiar movement in a new way.

Link to register: <https://us02web.zoom.us/meeting/register/tZMof-CvrTOuEtQuaRH90qknON0aL-KiKpY7>

Ojas Dance Project
New York, New York
6035215537
@ojasdanceproject

For more information:
Sarah Condon
ojasdanceproject@gmail.com

[< back](#)

[previous listing](#) • [next listing](#)