

Friday, September 11, 2020

Cross Move Lab Improv Jam Friday 9/18

Company: Cross Move Lab
Location: New York, NY

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Dear Dancers, we invite you to join us for *No Time Zone*, a free improv jam on Friday! This week, we are happy to introduce guest artist Kathleen Rea as the leader of our jam.

Kathleen Rea danced with Canada's Ballet Jorgen, National Ballet of Canada & Tiroler Landestheater (Austria). She has choreographed over 40 dance works and been nominated for 5 DORA awards. Her film *Lapinthrope*, co-produced with Alec Kinnear won Gold Award at the Festival Der Nationen (Austria). Kathleen is also a co-recipient of a K. M. Hunter Choreographic Award. Kathleen is a published author ("The Healing Dance", Charles C. Thomas). She has a Master's in Expressive Arts and is a teacher candidate of the Axis Syllabus.

20 years ago Kathleen abandoned her ballet career when she did her first contact improvisation class and fell in love with the form. Since then her life's work has been to inspire through contact improvisation based activities including productions, jams and festival. She is the director of REASON d'etre dance productions who produces both the Wednesday Dance Jam, the Contact Dance International Film Festival and dance-theatre productions.

Kathleen identifies as having High Functioning Autism and works to educate people about neurodiversity. Her neurological difference has brought forth clarity and insights that others might not see or think of and this has established her as a thinker who on a day with "clear sky" may contribute to expanding the borders of consciousness in the communities she participates in.

We are excited to have Kathleen facilitate our improv jam this week and hope you will join us! You can confirm your registration for this week by replying to this email. (If you have registered for a previous jam, you can use the same Zoom login information for the event).

What: *No Time Zone*, an improv jam

When: Fridays from 10:00-11:00AM EST (New York City morning time)
(10:00-11:00PM Beijing Nighttime)

Where: Zoom

Why: To stay connected

All levels welcomed

P.S.

If you would like to lead one of our improv jams, please let us know

Cross Move Lab
New York, NY

For more information:
Cross Move Lab
crossmovelab@gmail.com

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