

Saturday, October 10, 2020

Cross Move Lab Improv Jam 10/17

Company: Cross Move Lab
Location: New York, NY

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We invite you to join us for our free, weekly improv jam *No Time Zone* on Saturday! This week, we are happy to introduce guest artist Cecilia Fontanesi as the leader of our jam.

Cecilia Fontanesi teaches at the Laban/Bartenieff Institute of Movement Studies and is the co-founder of Parcon NYC, a collective of dancers and movers dedicated to challenging our connection to the environment and social relationships, through play, movement, touch, and collective reflection.

Improv: Dancers will be encouraged to explore the patterns that inhabit our bodies in motion.

We are excited to have Cecilia facilitate our improv jam this week and hope you will join us!

What: No Time Zone, an improv jam

When: Saturdays from 9:00-10:00AM EST (New York City morning time)
(9:00-10:00PM Beijing Nighttime)

Where: Zoom

Why: To stay connected

All levels welcomed

P.S.

If you would like to lead one of our improv jams, please let us know!

Cross Move Lab
New York, NY

For more information:
Cross Move Lab
crossmovelab@gmail.com

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