

Monday, February 8, 2021

## Cross Move Lab Improv Jam 02/13

Company: Cross Move Lab  
Location: NYC, NY

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We invite you to join us for our weekly improv jam starting on Saturday February 13th at 10AM EST on Zoom. This week it will be taught by *Evelyn Ifiegbu*. Each week the leader will be change and will be announced.

Evelyn Ifiegbu, of Philadelphia, is a New York City based dancer, choreographer, and teacher. She is a graduate from Belhaven University with a BFA in Dance and a Minor in Sociology. Most recently, Ifiegbu has performed professionally with Cross Move Lab (NYC), Apollonia & Dancers (NYC), and the Sonia Plumb Dance Company (CT). Additionally, she presents her own work via live performance and dance for camera around the country, including the cities of New York City, Los Angeles, Houston, and Atlanta.

It will be a 1 hour Improv Jam where we will explore the body, musicality, surroundings, etc...

We want this hour to be as fun as possible to release all the stress we can feel during the week and in this COVID life we are living in.

We would love for you to join us and discover our talented company members through this weekly improv jam.

You can register to our improv jam through this

link: [https://docs.google.com/forms/d/e/1FAIpQLSeVmnlaVMfcpkNby1MupBz9zRTOFzYxzLbZSeaSxeeKbNcX6Q/viewform?usp=pp\\_url](https://docs.google.com/forms/d/e/1FAIpQLSeVmnlaVMfcpkNby1MupBz9zRTOFzYxzLbZSeaSxeeKbNcX6Q/viewform?usp=pp_url)

Registration Fee: \$5 per class

PayPal: @CrossMoveLab21 or [crossmovelab@gmail.com](mailto:crossmovelab@gmail.com)

What: Improv jam

When: Saturdays from 10:00-11:00AM EST (New York City morning time)

Where: Zoom

Why: To enjoy ourselves

\*All levels welcomed\*

Cross Move Lab  
NYC, NY

For more information:  
Cross Move Lab  
[crossmovelab@gmail.com](mailto:crossmovelab@gmail.com)

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