

Wednesday, December 1, 2021

Winter Alexander Technique Principles Certification

Company: Balance Arts Center
Location: New York, NY
Compensation: N/A

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The Alexander Technique Principles for Performing Arts Certification provides you with an overview and survey of the AT principles, application of these principles to your specific art form, and the ability to recognize and communicate the principles as they apply to your learning and teaching situations.

This certification process is a 3 level sequence. Each level consists of a two-day unit that includes both theory and practical work. Additional materials that support the course work will be included in the course.

Program Structure:

The Winter Alexander Technique Principles Certification will take place January 10-15, 2022 from 10am-5pm EST.

The three levels of certification can be taken separately and should be completed in sequence. Repeating levels is suggested given the amount of depth and nuance in each AT Principle.

January 10th & 11th - Level 1: Alexander Technique Principles

January 12th & 13th - Level 2: Application of the AT Principles to your Performing Art

January 14th & 15th - Level 3: Teaching the AT Principles

Level 1: \$250, Levels 1&2: \$500, Levels 1-3: \$650

Register by December 15th 5:00pm EST for Early Bird Registration to get \$50 off your tuition!

Registration is required at balanceartscenter.com/winter-at-principles-certification

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