

Thursday, December 29, 2022

## 2023 Power Pilates Work Study Program - Application Now Open

Company: Power Pilates  
Location: New York, NY  
Compensation: Tuition Subsidization

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The Power Pilates Teacher Training Work Study Program is designed for aspiring or current fitness professionals who desire to learn and teach the Pilates method from an internationally recognized Classical program. This program provides tuition subsidization. Program students will be required to work at a studio location during the duration of the program. This program offers students the skills necessary for a successful career in Pilates and the opportunity to develop a client base while learning Classical teaching techniques.

Application Deadline: January 1st at 12:00pm EST

### About Power Pilates

For over 25 years, the Power Pilates Teacher Training program empowers students to share the discovery of inner strength, mind and body transformation, increased stamina, improved health and the achievement of an exciting physical well being.

### How Do I Apply?

Complete the application form located at [powerpilates.com/workstudy/nyc](http://powerpilates.com/workstudy/nyc). If you have any questions please feel free to call us at 212.627.5695. This program's openings are extremely limited. An interview is necessary to be selected for the work-study program.

### Who Is Eligible?

All New York, New Jersey and Connecticut residents 18 and over, with a high school diploma are eligible.

Candidates must have a strong desire to work in the health and wellness industry, be physically capable of performing intermediate to advanced physical movements, be both approachable and open-minded, exhibit critical thinking, have leadership skills, possess effective study skills and habits.

### What is the Total Benefit?

Chosen applicants will receive a complete Mat and Apparatus Power Pilates certification, valued at up to \$6500. Students may become fully certified with hundreds of hours of practical teaching experience with practice and real-world clients.

### Program Requirements

Students must complete the 600 hour training program within twelve months.

Students may be assigned several types of Pilates related work including: teaching, administration and research.

Students must complete between 200 and 400 hours of Pilates related work within two years from the start of the program.

Program hours must be completed at New York City locations. Power Pilates Korea and Power Pilates Italia are not valid studio locations for program hour accrualment.

### Program Schedule

Application Deadline: January 1, 2023 at 12:00pm EST

Provisional Acceptance Notification Date: January 8th, 2023

Beginner Mat Intensive Weekend: January 20 - 22, 2023

Intermediate Mat Intensive Weekend: January 28 - 30, 2023

Beginner System Training Weekend: February 17 - 19, 2023

Intermediate System 1 Training Weekend: March 24 - 26, 2023

Intermediate System 2 Training Weekend: April 21 - 23, 2023

Advanced System Training Weekend: June 2 - 4, 2023

Note: Applicants must be available for all training dates and weekends

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