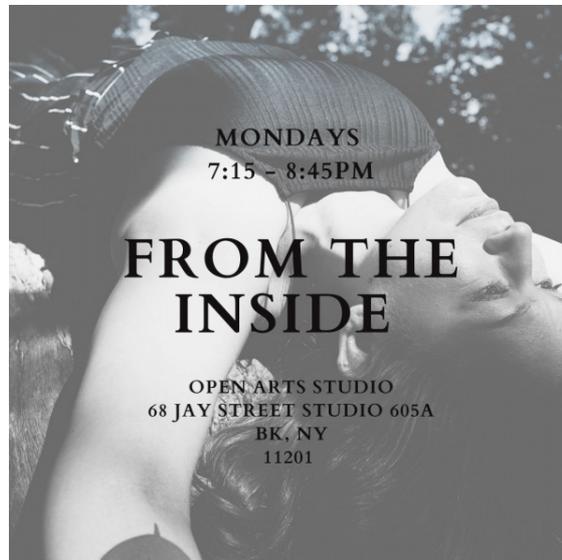


Saturday, April 29, 2023

Donation-based open level contemporary class!

Company: Nikki and the Noise
Compensation: N/A (donation based class!)

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Open Arts Studio
Mondays 7:15 - 8:45pm
Suggested donation of \$10 - \$15
Email nikkiandthenoise@gmail.com for more info and to RSVP
RSVP is required!

"From the Inside" is an open level, donation-based Contemporary dance class which embraces a somatic approach to movement. This class is meant for dancers who haven't danced in a while, or just want to take class in a low-stakes, supportive environment. Come hang with us! If you want a peek at what class looks like, I post about it often on my IG story @nikkiandthenoise and there's a "Class" highlight with lots of clips from it. Offering this class has been such an amazing experience and I'd love for it to continue to reach new people!

Nikki and the Noise
www.nikkiandthenoise.com

For more information:
Nikki Assanti
nikkiandthenoise@gmail.com

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