

Friday, May 5, 2023

## 2023 Power Pilates Work Study Program

Company: Power Pilates

Location: New York, NY

Compensation: Tuition Subsidization

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The Power Pilates Teacher Training Work Study Program is designed for aspiring or current fitness professionals who desire to learn and teach the Pilates method from an internationally recognized Classical program. This program provides tuition subsidization and the skills necessary for a successful career in Pilates as well as the opportunity to develop a client base while learning Classical teaching techniques.

Application Deadline: May 26, 2023 at 12:00pm EST

Applicant Interviews: May 31, 2023

Program Acceptance Notification Date: June 2, 2023

### About Power Pilates

For over 25 years, the Power Pilates Teacher Training program empowers students to share the discovery of inner strength, mind and body transformation, increased stamina, improved health and the achievement of an exciting physical well being.

### How Do I Apply?

Complete the application form located at [powerpilates.com/workstudy/nyc](http://powerpilates.com/workstudy/nyc). If you have any questions please feel free to call us at 212.627.5695. This program's openings are extremely limited. An interview is necessary to be selected for the work-study program.

### Who Is Eligible?

All New York, New Jersey and Connecticut residents 18 and over, with a high school diploma are eligible.

Candidates must have a strong desire to work in the health and wellness industry, be physically capable of performing intermediate to advanced physical movements, be both approachable and open-minded, exhibit critical thinking, have leadership skills, possess effective study skills and habits.

### What is the Total Benefit?

Chosen applicants who complete the full work-study program will receive a complete Mat and Apparatus Power Pilates certification, valued at up to \$9000. Students may become fully certified with hundreds of hours of practical teaching experience with practice and real-world clients.

### Program Requirements

Program hours must be completed at New York City locations. Power Pilates Korea and Power Pilates Italia are not valid studio locations for program hour accrument.

### Program Schedule

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Beginner Mat Intensive Weekend: June 9 - 11, 2023

Intermediate Mat Intensive Weekend: June 23 - 25, 2023

Beginner Tower Intensive Weekend: August 18 - 20, 2023

Beginner Reformer Intensive Weekend: August 26 - 28, 2023

Beginner System Training Weekend: September 29 - October 1, 2023

Intermediate System 1 Training Weekend: October 27 - 29, 2023

Intermediate System 2 Training Weekend: December 8 - 10, 2023

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