

Friday, August 25, 2023

Pilates Teacher Training with Ellie Herman

Company: Annex Pilates

Location: Brooklyn, NY

Compensation: Invest in an education to build your career teaching movement

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Dag Photography

Turn your knowledge of movement into a career!

World-renowned Pilates instructor, movement designer, and author Ellie Herman and Master Pilates teachers Celine Syslo and Simona DiTucci join forces in a training program for aspiring Pilates teachers and anyone who wants to elevate or expand their personal Pilates practice.

Get certified to teach Pilates

Learn Classical Pilates modified for safe body mechanics

Deepen your understanding of the body and the Pilates method

Master the Pilates repertoire on the mat and every apparatus

The owners of Ellie Herman Pilates, Annex Pilates and Pilates by Simona will train you to be an instructor and teach you exercise ordering, functionality, contraindications, and modifications.

If you are interested in building a career in teaching movement, Pilates Certification is where you start.

Check out the details of our program [here](#)

Contact Celine Syslo at annexpilates@gmail.com for questions regarding registration and work study.

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