

Sunday, November 5, 2023

In-Person Dance Theater & Performance Workshop

Company: Anabella Lenzu

Location: Brooklyn, NY

Compensation: .

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Dance Theater & Performance

In-Person Workshop

by Anabella Lenzu

at The DanceDrama Studio,

L Train To Grand stop, Williamsburg, Brooklyn

Saturdays 3-6pm

December 9 & 16, 2023

OPEN TO EVERYONE!

This workshop is dedicated to exploring the connection between the body, voice, and self to deepen performance practice.

It is open to dancers who want to investigate voice, text, and movement;

to actors who desire to explore movement and physicality;

and performers of all backgrounds who want to deepen their performance practice.

This workshop explores the principle: Motion Creates Emotion /Emotion Creates Motion.

The emphasis is on the journey rather than the destination, on understanding the impulses generated by movements and gestures.

The workshop will incorporate vocal production to understand how the voice and body are integrated into a healthy, expressive whole.

Exercises in text, and partnering will free uninhibited theatrical expression.

Whether a seasoned or early-career performer, this workshop will leave actors and dancers with new confidence and inspiration in their performance practice.

TO APPLY:

Send resume to info@AnabellaLenzu.com

Please designate which workshop you are interested in.

Limited space!

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For more information:
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