

OUR NEW YORK CITY DANCE

Monday, January 22, 2024

Community Pilates

Company: Community Pilates Location: Brooklyn, NY Compensation: NA ► Share | Print | Download



If you are feeling called to move your body in community, we would love for you to join us for Community Pilates classes in NYC! Each class will be one hour at Chez Bushwick and will start at \$15/class. To register for class, please fill out this <u>form</u>.

This offering is designed to foster community, awareness, and care. We will move, breathe, and be curious about how our body can function with greater ease, strength, and efficiency. This will help to create longevity that will support you throughout your life.

Community Pilates 136 S 2nd St Brooklyn, NY, 11249 https://forms.gle/72ecBUakS196AZ3n9 For more information: Eva Solnick eva@solnick.net

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