

Monday, December 9, 2024

Opportunity for Caregiver with Movement or Therapeutic Experience

Company: Bronx-Based Individual/Family
Location: NY
Compensation: 30/hr

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Seeking a compassionate, caring individual for a part-time, long-term opportunity as a caregiver to a 36-year-old woman with physical and intellectual challenges. The position, which pays \$30/hr, requires at least 8 hours of work a week, and there are benefits included. All caregivers receive paid hands-on training before starting. We are currently seeking someone who can consistently work from 11a-7p every Friday. We are also continuously seeking substitutes/covers with flexible schedules, particularly those with Saturday availability.

Who she is & Who you are...

This woman uses an electric wheelchair and a walker and relies on daily movement practices to enhance her life. She is a highly-motivated, funny, curious, kind, and gentle person. She loves to sing, draw, listen to music, drink coffee, spend time outside, go to the library, and learn about the people she meets (and quickly befriends, her social network and community is large!)

The caregiver acts as a companion: to help her with daily routine tasks (including preparing meals, administering medications, dressing, assisting in the bathroom, navigating outside of her home, etc.), but also to help her work through anxiety, interpret social situations, and feel safe and engaged physically and emotionally. The caregiver guides her through a daily movement practice—Conductive Education—designed with full inclusion in mind that helps her more fully and independently engage with her own body and the world around her. This practice is very important to this woman's ability to expand her functional movement beyond assumed limitations, and it is essential that a caregiver understands that and supports her in this practice by cueing her exercises and stretches with clarity, positively reinforcing her, and incorporating intentional movement throughout the day. While her team has often primarily been made up of dancers, we are open to working with anyone with a strong command of their body and knowledge about movement (athletes, coaches/trainers, pilates/yoga practitioners, recreational therapists, etc.).

Requirements:

Live within a reasonable commuting distance of the NW Bronx (link to a reference of the area -[Riverdale Bagels](#)). *Please check your commute distance, and kindly refrain from applying if you would be traveling any more than 75min.*

Able to lift at least 50 lbs and comfortable with physically assisting/supporting another person's body movements.

Available to commit long-term to 8-24 hours a week.

Comfortable taking directions, collaborating with her team of other caregivers/movement professionals/family, and being in community with disabled and elderly folks.

Fully vaccinated, comfortable taking weekly covid-tests and masking when necessary.

Women preferred.

Legally able to work in the U.S.

Please send an email to Madison at mmhilligoss@gmail.com with the subject line "Caregiver Interest - [your name]." Include your interest in the position and relevant experience (movement/teaching/care work, etc.).

Bronx-Based Individual/Family
NY, 10471
612-300-3564

For more information:
Madison Hilligoss
mmhilligoss@gmail.com
612-300-3564

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