

Tuesday, March 11, 2025

Ballet des Amériques - Summer Intensive

Company: Ballet des Amériques
Location: White Plains, NY
Compensation: N/A

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Ballet des Amériques conservatory

AGES 9 TO 22 YEARS OLD

Our comprehensive dance curriculum is designed to provide students with a well-rounded education in various dance forms and techniques. The core components of our program include: Technique: Focused training to develop strength, flexibility, and precision in movement.

Pointe: Specialized instruction for advanced ballet students to master the art of dancing on pointe shoes.

Batterie: Emphasis on the intricate footwork and jumps that define this dynamic aspect of ballet.

Barre au Sol: Grounded exercises that increase the understanding of the turnout, enhance core strength, and improve overall body alignment.

Where:
White Plains, New York City

Sessions

Option 1

6 weeks -July 7th to July 25th & August 4th to August 22nd

Option 2
3 weeks - July 7th to July 25th

Option 3

3 weeks - August 4th to August 22nd

Deadline for applications:
March 16

Description of opportunity:
Clean lines, impeccable alignment, a deeper understanding of dance technique, and a solid work ethic are developed thoroughly in Ballet des Amériques' summer program. In addition to the core classes, students have the opportunity to explore a variety of supplementary courses, including:

Repertoire: Learning and performing classical and contemporary pieces.

Pas de Deux: Partnering classes that focus on the dynamics of dance duets.

Character Dance: Exploring folk and national dances that enrich ballet performances.

Acrobatics: Incorporating acrobatic elements to enhance performance versatility.

Conditioning Class: Strength and flexibility training tailored for dancers.

Acting for Dancers: Developing performance skills beyond movement, including expression and character portrayal.

Arts Class Related to Dance: Exploring the intersection of dance with other art forms.

Dance History: Understanding the evolution of dance styles and their cultural significance.

Ballet Terminology (French): Learning the essential vocabulary that underpins ballet instruction.

Hip-hop dance A range of street dance styles primarily performed to hip-hop music.

Afro-Caribbean: Engaging with vibrant dance styles that celebrate cultural heritage.

Contemporary: Exploring modern dance techniques and improvisation.

Interested dancers and students to email us at bdaconservatory@gmail.com or call 914-229-3417 to schedule an audition.

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