

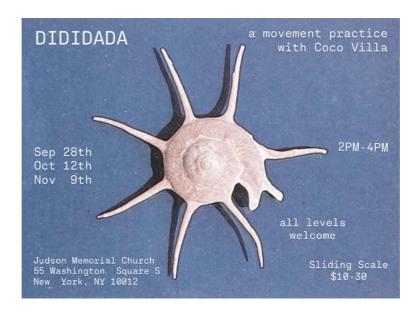


Thursday, September 25, 2025

DIDIDADA: A Movement Practice with Coco Villa

Company: Coco Villa Location: Brooklyn, NY Compensation: N/A

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About DIDIDADA

DIDIDADA is a guided dance improvisation practice facilitated by Coco Villa. This class prioritizes accessibility and playfulness to uplift body, mind and spirit through a variety of breath work, hyper warm ups, and movement prompts. It is about catharsis, sweating, getting back into our bodies, and simply dancing for the joy of moving.

Instruction is inspired by elementary school PE activities, modern dance, Caribbean dance styles, dance fitness, somatic movement practices, groovy improvisations, and familial rituals.

Some call it a brain break. Some call it a waking up game. Some call it a dance class. There is no choreography or right way, just a fun way. DIDIDADA is open to all levels.

COST

Suggested donation \$10-\$30 You will not be turned away for lack of funds. Venmo @casadecoco

Zelle: email shared upon request

DATE

SUNDAYS

Sep 28 || 2PM-4PM || Judson Church

Oct 5 || 3PM-5PM || Company Gallery / GUSH Residency

Oct 12 || 2PM-4PM || Judson Church

Nov 9 || 2PM-4PM || Judson Church

LOCATION

Judson Memorial Church 55 Washington Square S New York, NY 10012 (Entrance on Thompson St)

Company Gallery 145 Elizabeth St New York, NY 10012

{{{RSVP HERE}}}

- ~ when class hits capacity ~ you will automatically be waitlisted and an email will sent to notify you of this.
- ~ bring a water bottle
- ~ wear socks and comfortable clothing to move around in
- ~ parts of the class may be photographed and/or recorded

Please contact coco at enlacasadecoco@gmail.com with any questions.

Coco Villa Brooklyn, NY, 11238 casadecoco.space For more information: Coco Villa enlacasadecoco@gmail.com

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