

Thursday, September 4, 2025

Movement Trainer - Physical Therapy Office

Company: James Fowler Physical Therapy

Location: New York, NY

Compensation: \$18-\$20 / hour

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James Fowler Physical Therapy is located in the heart of Union Square in a beautiful loft, designed to encourage tranquility and healing. We have a passion for educating people about their bodies in order to help them achieve their recovery goals. We are seeking a dynamic individual with interest/experience in movement, anatomy and/or in the field of exercise science, to be a movement trainer for a dynamic sports physical therapy office.

Job Type:

Part-time, (2-3 day shifts available)

Position Responsibilities:

- Trainer will work alongside physical therapists to implement patients' exercise programs and communicate important movement concepts to them.
- Teaching patients' new exercises, monitoring and advising them on their form.
- Sending home exercise plans via our online platform.
- Communicating with the physical therapists about the patient's progress.
- General house-keeping of the office. (Cleaning/Disinfecting treatment rooms/equipment in between patients).
- Occasional administrative tasks. (Ensure Form Completion).
- 3-4 Weeks of paid training and shadow-shifts

Qualifications:

- Excellent communication skills, willingness to learn
- Excellent People Skills, Articulate and professional
- Team player, Ability to multitask and work in a fast-paced environment
- Detail oriented, well organized
- Athletic Background --- (Preferred)
- 1-2 Years in related field (Ex: Healthcare, Sports Science, Dance/Movement) --- (Preferred)
- Higher/College Education --- (Preferred)

REQUIRED:

- Resume
- Cover Letter or Statement of Interest: If you are interested in this position and feel your mission aligns with ours, send a short statement of interest along with your resume.

CONTACT PERSON:Idelis Olivero (Practice Manager) -- idelis@jamesfowlerpt.com

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Job Type:

Part-time, 2 - 3 days per week...with a possibility to transition into full-time.

Position Responsibilities:

- Trainer will work alongside physical therapists to implement patients' exercise programs and communicate important movement concepts to them.
- Teaching patients new exercises, monitoring and advising them on their form.
- Sending home exercise plans via our online platform.
- Communicating with the physical therapists about the patient's progress.
- General housekeeping of the office. (Cleaning/Disinfecting treatment rooms/equipment in between patients).
- Assist our Bike Fitter with Bike Fittings. (Enjoy Riding? Great opportunity to learn about Bike Fittings. Check out our Bike Fitting Services: Bike Fit Unplugged, the philosophy behind a revolutionary approach to bike fitting, driven by the rider's anatomy, medical history, cycling experience, and riding goals.)
- Occasional administrative tasks. (Ensure New Patient Form Completion).
- 3-4 Weeks of paid training and shadow-shifts

Qualifications:

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- Excellent People Skills, Articulate and professional
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James Fowler Physical Therapy
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For more information:
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