

Monday, November 17, 2025

From Dancer to Artist: Identity, Economics & Sustainable Practice

Company: Alternative Synergy The Company

Location: Brooklyn, NY

Compensation: This is a professional development opportunity

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Alex Shi

About the Workshop

This 3?hour workshop is for dancers ready to step beyond performance and begin shaping themselves as full artists.

We open with a Dance Identity share — a solo, a teaching clip, or any movement expression. This is not an evaluation; it's a grounding exercise to help you reflect on your voice and artistic identity.

From there, we move into the realities of today's dance field:

- How the dance ecosystem and its economics actually work
- What sustainability looks like for artists today
- Trauma?informed principles as a foundation for safer, more effective teaching and artistry
- The evolving definition of "artist" in a competitive landscape

You Will Leave With

- A clearer sense of your artistic identity
- A realistic understanding of the dance industry
- Tools for positioning yourself as a future teaching artist
- A pathway toward sustainable, long?term practice

Who Should Attend

Dancers and teaching artists seeking clarity, direction, and professional grounding.

BECOME A MEMBER OF OUR SYNERGY GUILD JUST FOR \$5 MONTHLY AND GET SUBSIDIZED RATE FOR THIS WORKSHOP.

[SELECT ASTC CORE NYC EDITION](#)

DEADLINE BY NOV 30

<https://www.alternativesynergythecompany.com/eventsandshows>

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