

Sunday, November 16, 2025

## Isadora Duncan Mid-West Workshop

Company: The Isadora Duncan Dance Foundation  
Location: NY, NY  
Compensation: 0

► [Share](#) | [Print](#) | [Download](#)

The Isadora Duncan Foundation is delighted to announce a December Workshop at Iowa Dance Collective in Fairfield, Iowa – featuring 2025 Dance Teacher Magazine Award Winner, Lori Belilove, Artistic Director of Lori Belilove & The Isadora Duncan Dance Company.

This workshop places a special focus on Dance Teacher Training, offering educators and aspiring teachers a rare opportunity to deepen their understanding of the Isadora Duncan technique, pedagogy, and creative approach. Participants will gain valuable insights into how to bring Duncan's principles to life in the classroom and state-of-the-art studio setting.

Join us for three and a half days of artistry, movement, and mentorship in a vibrant, art-loving community. Fairfield offers convenient accommodations – dormitory-style lodging, Airbnbs, and homestays – all within walking distance. Dancers can also enjoy local amenities, from an excellent indoor recreational center, to local Ayurvedic restaurants and spas, to the charming town square bordered by dozens of cafes, restaurants, shops, and art galleries.

Lori Belilove and Company have previously performed at Fairfield's Sondheim Theater, and we're thrilled to return to this welcoming and creative community for an enriching, hands-on experience.

### Workshop Schedule:

Sunday, December 14

3:00–5:00 PM – Orientation & Seminar

Monday–Wednesday, December 15–17

11:00–1:00 PM – Adult Isadora Technique

3:00–4:00 PM – Private Mentoring Sessions

4:00–5:30 PM – Youth Class + Teacher Training

6:00–7:30 PM – Teen Class + Teacher Training

7:30–8:00 PM – Class Debrief

Throughout the week, teacher participants will engage in discussion, observation, and guided practice, exploring methods of introducing Duncan principles to students of varying ages.

### Tuition & Pricing:

Full Workshop: \$600

Early Bird (by Nov 21): \$550

Adult Class Only: \$28

Package (Orientation + 3 Adult Classes): \$200

Youth & Teen Observation (free for students already enrolled at IDC): \$10

### To Register:

Please email our director of education, Becky Ibarra, at [becky@isadoraduncan.org](mailto:becky@isadoraduncan.org) with any questions and to register.

Location: Iowa Dance Collective

405 N Court St, Fairfield, IA 52556

### Looking Ahead to ISADORA150:

This workshop marks our first Isadora150 educational collaboration in the Midwest and is an important step toward ISADORA150 in 2027, when Duncan Dancers from around the world will unite to celebrate the enduring legacy of Isadora Duncan.

### Special Note:

Lori Belilove's family resides in Fairfield – a community known for its warmth, artistic spirit, and hospitality. You'll feel right at home!

Join us for this unforgettable opportunity to train, teach, and dance under the guidance of one of today's foremost Duncan interpreters.

We can't wait to welcome you!

The Isadora Duncan Dance Foundation  
141 West 26th Street  
NY, NY, 10001  
[isadoraduncan.org](http://isadoraduncan.org)

For more information:  
Becky Ibarra  
[classes@isadoraduncan.org](mailto:classes@isadoraduncan.org)

[< back](#)

[previous listing](#) • [next listing](#)