

Tuesday, December 2, 2025

## Salsa & Dance Infused Yoga Class 12/13 5-7 PM

Company: Dance Infused Yoga

Location: New York, NY

Compensation: \$20

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Kick off your Saturday Night with a fun and energizing two-in-one Salsa and Dance Infused Yoga class! You will flow, stretch and move to beats while learning the basics of Salsa dancing. This class is for all levels and ages. Whether you are looking to move, unwind, or just try something new, this class is for you! Hope to see you there! Please email [sdgreene16@gmail.com](mailto:sdgreene16@gmail.com) if any questions arise.

Sign up through the FitIn App using this link: <https://fitin-app.vercel.app/group-session/692e32d51356ab0188cea9a5>

Date: Saturday, December 13th

Time: 5 to 7 PM

Location: Amanda Selwyn Dance Studio, 412 Broadway, 2nd Floor NY, NY 10013

Dance Infused Yoga

New York, NY

<https://www.danceinfusedyoga.com/>

For more information:

Sarah Greene

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