

Sunday, February 1, 2026

Althea Dance Company Winter Workshop 2026

Company: Althea Dance Company

Compensation: Full 2-day workshop - \$60 / Drop-in rate - \$35

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Den Porvatkin

Althea Dance Company will host a winter workshop in New York City in this February 2026. This 2-day intensive is designed for pre-professional and professional dancers, with a daily schedule from 11:00 AM to 1:00 PM.

Led by Artistic Director Théa Bautista and company members, the workshop includes contemporary technique classes, repertory, improvisation, and partnering. Each session is designed to deepen dancers' physicality, presence, and creative expression.

Each day is divided into two parts:

The first 1 hour focuses on contemporary technique. The second part explores creative tools such as partnering, repertory, improvisation, and composition — elements often not covered in standard dance training.

Althea Dance Company's movement language blends fluidity and seamless transitions with athletic physicality, merging floorwork with expressive lines and dynamic range. Participants will be immersed in ADC's unique choreographic approach and artistic vision.

The company focuses on international collaboration with artists from different fields such as writers, musicians, painters or visuals artists. Althea Dance also likes to perform in surprising and unusual spaces such as warehouses, artist studios, art galleries or outdoor stages. The company explores new ways of sharing dance with the audience and reaching out to people who may not be used to the contemporary dance scene.?

So far, Althea Dance Company has performed internationally, mainly in the United States, the UK, France and Mexico and is aiming to keep expending its international voice.

Practical Information:

Date: February 26 & 27 of 2026

Schedule: 11am-1pm

Prices:

Full 2-day workshop - \$60

Drop-in rate - \$35

Book your workshop:

www.altheadance.com/workshop

A question?

Write to us at althea@altheadance.com

Althea Dance Company
www.altheadance.com

For more information:
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