

Thursday, February 5, 2026

## ChaiseFitness Hiring - Fully Certified Apparatus Pilates Instructor

Company: ChaiseFitness

Location: NYC, NY

Compensation: starting at \$40/hour

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ChaiseFitness has been serving the Upper East Side for over 15 years with a dedicated following of clients. ChaiseFitness is seeking a comprehensive full apparatus certified pilates instructor. You should be well versed from beginner to advanced in all apparatus as well as an understanding of common ailments & injuries, and pre/postnatal work. You will be expected to work with a wide variety of established clientele.

Our studio uses new balanced body Allegra II reformers/towers with infinity footbars. This is an opportunity to learn from exceptional second-generation master instructors. We pride ourselves in fostering relationships with one another and encouraging continued education between one another.

There is also opportunity to grow with our brand through our group class/reinvention method program with potential to teach group classes and/or implement the method into your private sessions. Schedule needed is as follows, but can be discussed. \*Saturday shifts required, additional shift opportunities available.

Saturdays 9am-2pm \*required

Mondays 7am-11am, 3pm-7pm

Wednesdays 7am-2pm, 3pm-7pm

Interested candidates please email your resume to [rachel@chaisefitness.com](mailto:rachel@chaisefitness.com)

ChaiseFitness  
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