

OUR NEW YORK CITY DANCE

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pilates

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PLACE LISTINGS OR PURCHASE ADS

February 12, 2013

Yoga Teacher Training Program (Registered Yoga School)

Do you want to supplement your income as a dancer doing something that is more connected to your craft? Studio Anya offers an in-depth training program for those looking to become yoga and pilates teachers. You will gain the tools necessary to become...

February 12, 2013

GYROTONICA - Special Rates for Dancers

Have an injury? Feeling tight or stiff in certain parts of your body? Or just want to increase your range of movement, strength and flexibility? GYROTONIC isgreat for everybody. Some people call it the 'new pilates' but it is way better and different. Check...

January 31, 2013

Insiders Class

\$10 Tower Pilates Mat Classes Special at Center For Movement NYC (2nd Ave btwn 76th and 77th)Great Value, great class and as an addedincentive, how about Bikini Thief promotional items and giveaways! As a special promotion to CFM clients Bikini Thief's...

January 29, 2013

Prenatal Pilates Workshop

February 2nd and 3rd, 2013 12pm-5pmJoin us this weekend for our Prenatal Pilates Workshop! Specialize your Pilates knowledge, and learn more about this exciting demographic. Pregnant moms welcome! This is a tried and true method. Mom's using the...

January 18, 2013

TOSCANA DANCE HUB SUMMER INTENSIVE

Toscana Dance Hubprovides three weeks of intensive dance training with world renowned international dance artists, master teachers and choreographers in Florence and Palazzuolo sul Senio, Italy. Dancers train in yoga, pilates, ballet, modern, italian...

January 7, 2013

Pilates Certification (Work Study)

Do you want to becoming a highly paid Pilates instructor? Center for Movement, established in 1998, has trained many of the New York area's most sought after Pilates instructors. With 3 busy studios, conveniently located in NYC and Scarsdale, our program...

November 14, 2012

Space available to rent UES

Sanctuary Pilates is now opening up a space and massage room to outside health and wellness professionals, dancers, choreographers, and educators! The space is perfect for hosting workshops, teaching classes, or working with small groups. If you're interested,...

November 8, 2012

Seeking Group Fitness Trainers! MegaFormer Workout- Brooklyn Bodyburn!

Brooklyn Bodyburn, a Lagree Fitness studio which offers the revolutionary MegaFormer™based workout, is looking for talented instructors to take part in their training program!Lagree Fitness is a workout technique that fuses together elements of...