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pilates



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PLACE LISTINGS OR PURCHASE ADS

January 8, 2024

[Seeking creative contemporary pilates/ strength training](#)

Brooklyn Flow is seeking a smart, creative contemporary pilates and strength training teacher to lead our Mindful Strength class. Grounded in mindful technique, biomechanics and controlled movement sequences, Mindful Strength pilates mat classes are designed for core stabilization, improved posture and overall enhanced body strength. This class employs gravity, resistance bands, and small pilates...



December 13, 2023

[Club Pilates \(Brooklyn\): Sales Representative - Part Time](#)

Club Pilates offers group reformer classes in various formats and levels to accommodate everyone seeking to learn Pilates and hone their fitness expertise. Club Pilates is a well-established, nation-wide brand, committed to providing affordable and accessible Pilates to the community. Club Pilates is currently established in approx. 50 states and 5 countries. Class formats target a wide range of clients'...



December 5, 2023

[Ballet Hispánico School of Dance: Adult Program Instructor](#)

The School of Dance is looking for a Pilates, Yoga, and/or Barre fitness instructor to join the Adult Program's Winter Session that will run from the week of January 8 to the week of March 18. The Adult Program at Ballet Hispánico is the ideal space for dance enthusiasts, dancers, and anyone that loves moving to the rhythm of Hispanic and Latin American music. With open-level classes, the...

November 18, 2023

[Seeking UWS Pilates Trainer](#)

Kinespirit is looking for an experienced Pilates trainer. Looking for coverage on Tuesday morning, Thursday morning/early afternoon, Thursday late afternoon/evening, and Friday morning/early afternoon, with preference going to candidates available a minimum of two shifts. The opportunity for additional shifts or hours may become available. Must have experience on all apparatus. Start date as early...



November 8, 2023

[Pilates, Yoga, Barre, and Zumba instructors to join our team](#)

? New Year, New Opportunities at Everyou Dance Studio! ? We're thrilled to announce the January opening of our wellness and fitness studio in the heart of NYC, and we're on the lookout for extraordinary Pilates, Yoga, Barre, and Zumba instructors to join our team! If you're passionate about guiding others through their fitness journey with energy and expertise, we want to hear from you! What...

November 7, 2023

[Private 1 on 1 Pilates Lesson](#)

My name is DaJuan, and I am a certified classical Mat Pilates trainer with Power Pilates. I'm offering 55 minute one on one/duo mat pilates training in the comfort of your own home or wherever you are (virtual sessions offered) as well as reformer training if you have an in home reformer. Pilates is a full body workout with a deep emphasize on core strength, stability, stretch, and spinal health. I...



September 6, 2023

[Seeking Admin/Receptionist for UWS Fitness Studio](#)

We are a well-established fitness studio brand on the Upper West Side, looking to add someone to our team who is dedicated to making sure our day-to-day reception and administrative tasks are taken care of properly, efficiently, and reliably. Preferred Availability: Mondays: 2pm-Close (typically ~7 or 8pm) Wednesdays: 2pm-Close (typically ~7pm) Sundays: Open-Close (typically ~8:30am-3pm) Start...

September 5, 2023

[Pilates Teacher Wanted In Brooklyn](#)

500 hour certification on all major apparatus (Reformer, cadillac, chairs, barrels) from a program linked to the Joseph Pilates lineage. Should have one year teaching experience and provide references. Demonstrate an interest in expanding their understanding of Pilates Should be able to work well with others and communicate with colleagues and administration to ensure an excellent client experience. Should...



