

FOR AUDIENCES

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Wednesday, December 31, 1969 - Thursday, May 7, 2020

**\$15 Umfundalai African Dance Open Classes**

Company: Dance Theatre of Harlem

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Venue: Dance Theatre of Harlem- Everett Center for the Performing Arts

Location: New York, NY



Welcome to Umfundalai (ma-foon-da-la), a Kiswahili word meaning, "essential". This contemporary Pan-African dance technique draws from movements and traditions of the African Diaspora. The technique espouses a holistic view of the body and the arts including theater, drumming, song, masquerade and vocalization. The codified technique of Umfundalai stands on the shoulders of the Katherine Dunham and Pearl Primus techniques, it is great cardio and history all in one class! All levels welcome!

Instructor: Erin Bryce Holmes, M.S., LCAT, BC-DMT

Dance Theatre of Harlem  
 466 West 152nd Street  
 New York, NY, 10031  
 2126902800  
<https://dancetheatreofharlem.networkforgood.com/events/15199-adult-open-classes-umfundalai-african-dance-with-erin-bryce-holmes>

Schedule  
 January 2, 2020: 7:30pm  
 January 9, 2020: 7:30pm  
 January 16, 2020: 7:30pm  
 January 30, 2020: 7:30pm  
 February 6, 2020: 7:30pm  
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