

## OUR NEW YORK CITY DANCE

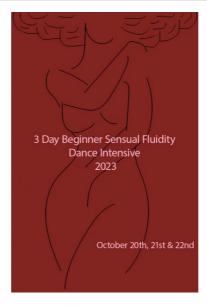
October, 20-22, 2023

## 3 Day Beginner Sensual Fluidity Dance Intensive 2023

Company: Stephanie Peña

Location: New York, NY

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This 3 day Beginner Sensual Fluidity Dance Intensive takes you on a journey to play, explore and delve so much deeper into yourself. You will be welcome with a Sensual Fluidity goodie bag, learn how to properly stretch your body, be more aware of all your senses and connect with your sacral chakra & root chakra. You will learn more about pleasure and how to feel sexually liberated. Lastly, you will have a full 2 hour Sensual Fluidity Dance class with me each day of the intensive.

Friday, October 20th 10am - 4:30pm Saturday, October 21st 10am - 3:30pm Sunday, October 22nd 10am - 4:30pm

4 West 43rd Street (RM 803) NY, NY 10036

\$500 per person

Sign Up Now!

Join me on this beautiful 3 Day experience with some amazing instructors!

Sensual Fluidity Dance Class with Stephanie Peña Yoga Class with Sábrih Short Tapping into Your Sensual Self with Dirty Lola Yoga Class with Patricia Zabala

Erotic Embodiment to Empowerment: A 2-Day Sacral Chakra Healing Experience with Christine Marie

Stephanie Peña 4 West 43rd Street (RM 803) New York, NY, 10036

https://www.penastephanie.com/event-details-registration/3-day-beginner-sensual-fluidity-dance-intensive-2023

Schedule

October 20, 2023: 10:00am October 21, 2023: 10:00am October 22, 2023: 10:00am

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