

March 6 - April 3, 2023

## 5 FOR \$5 CLASS SERIES

Company: Forza Dance Company + Community  
Venue: Abrons Art Center  
Location: New York, NY

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Forza Dance Company + Community is holding a class series with a variety of techniques and artists for 5 consecutive Mondays starting March 6th! Participate in the entire class series for only \$25 (\$5 per class) or drop in to a single class for only \$10! Train with the Forza community!

### TEACHING ARTISTS

March 6th 6-7:30pm Nicole Von Arx - Contemporary

March 13th 7-8:30pm Mikhail Ilyin - Feldenkrais Method

March 20th 6-7:30pm Hannah Dillenbeck - Pilates

March 27th 6-7:30pm Michaela Barron - Contemporary

April 3rd 6-7:30pm Mamiko Nakatsugawa - Yoga

Forza Dance Company + Community  
466 Grand St  
New York, NY, 10002  
<https://www.eventbrite.com/e/5-for-5-class-series-tickets-514566611587>

Schedule  
March 6, 2023: 6:30pm  
March 13, 2023: 6:30pm  
March 20, 2023: 6:30pm  
March 27, 2023: 6:30pm  
April 3, 2023: 6:30pm

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