

July 25 - August 17, 2018

## A Wellspring Within: Eurythmy as an Art to Cultivate our Humanity - Summer Eurythmy Week, August 12 - 17, 2018

Company: Eurythmy Spring Valley, School of Eurythmy  
Venue: School of Eurythmy  
Location: Chestnut Ridge, NY

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*A Course for the Public!*

A Wellspring Within: Eurythmy as an Art to Cultivate our Humanity - Summer Eurythmy Week 2018  
*Discover the renewing and enlivening gifts of eurythmy.*

Sunday, August 12 - Friday, August 17, 2018

School of Eurythmy, Chestnut Ridge, NY

Course Fee: \$450

Join us for a week of exploration as we discover the ways in which the outer world of nature mirrors our inner life of soul. All are welcome! Through daily gardening and nature observation, we will allow the sense perceptions of the outer world to inform our inner experiences of artistic life in eurythmy.

In speech eurythmy, Rudolf Steiner's Calendar of the Soul and its corresponding eurythmy forms will give us a pathway toward deepening our experience of the relationship between the seasonal rhythms of nature and our soul activity. In tone eurythmy, we will bring into movement and visibility the elements of music, which are present in nature and in the human soul. Through these artistic elements, we will ask the question: How might eurythmy express the inner life of the human being in the way the outer forms of nature express the life of the cosmos?

The daily rhythm will include: Biodynamic gardening, forest nature observation, speech and tone eurythmy; and evening activities, which will include a concert and eurythmy performance, a lecture by Clifford Venho and group conversation.

Faculty: Sea-Anna Vasilas and Clifford Venho, with additional faculty.

For information, or to register, please call 845.352.5020, ext.113, or [info@eurythmy.org](mailto:info@eurythmy.org).

Eurythmy Spring Valley, School of Eurythmy  
260 Hungry Hollow Road  
Chestnut Ridge, NY, 10977

Schedule  
July 25, 2018: 8:15am  
August 12, 2018: 8:15am  
August 17, 2018: 5:00pm

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