

June, 6-25, 2022

ADULT BALLET SUMMER INTENSIVE JUNE NYC

Company: Ballet Forward  
 Venue: Creative Cultural Center, Arts Flamenco, St. Veronica  
 Location: New York, NY

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Haley Trunkett

If you've ever thought about trying ballet, getting back to dancing after a long break, or just looking to improve your technique, join Ballet Forward's Adult (18+) Ballet Summer Intensive this June in NYC!

Our week long program consists of ballet classes and holistic seminars of pilates and nutrition in the evening to become a stronger dancer (both physically and mentally) and to meet a community of like minded artists! Programs range from beginner to intermediate/ advanced, so you can participate even with little experience.

All the information and sign ups can be found on [balletforward.com](http://balletforward.com)! And follow us on instagram [@balletforward](https://www.instagram.com/balletforward) for updates.

We can't wait to dance with you!

Ballet Forward  
 149 Christopher St  
 New York, NY, 10014  
 (917) 310-3126  
<https://www.balletforward.com/beginner>

Schedule  
 June 6, 2022: 5:30pm  
 June 7, 2022: 5:30pm  
 June 8, 2022: 5:30pm  
 June 9, 2022: 5:30pm  
 June 10, 2022: 5:30pm  
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