

OUR NEW YORK CITY DANCE

November 4 - December 16, 2025

AFRO POP Dance Class in the Heights

Company: SYAKAD ARTS

Venue: Northern Manhattan Arts Alliance (NOMAA) Studio

Location: New York, NY



SAYAKAD ARTS

Afro-Pop Dance at NOMAA Studio

Price:

Drop-in \$22 Pay-as-you-go

5-Class Pack \$85 / \$17 per class

Every Tuesday&Thursday from 6:30-8 pm

Class details

Adults / All-Levels class

Class Focus

A high-energy Afro Pop session blending Afrobeats, hip-hop, and urban African street styles.

Expect full-body movement, musicality, and powerful grooves that celebrate contemporary African dance culture.

What to Expect in Each 90-Minute Class

Warm-Up & Conditioning (15 min) – Dynamic stretches and cardio to set the rhythm.

Foundations & Technique (15 min) - Core Afro Pop steps, isolations, and groove drills.

Choreography (40 min) - Learn a longer routine with layered rhythms and expressive style.

Freestyle & Cypher (10 min) – Explore your own creativity in a supportive circle.

Cool-Down & Reflection (10 min) - Stretch, breathe, and recap key moves.

Music

Afrobeats (West Africa)

Modern Nigerian and Ghanaian pop with layered percussion and catchy hooks.

Afro-Pop / Afro-Fusion

A blend of Afrobeats with R&B, pop, and hip-hop elements.

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Amapiano (South Africa)

Deep house and jazz influences, smooth yet danceable.

Afro-House / Kuduro / Coupe-Decalé

High-tempo club sounds from Angola, Ivory Coast, and beyond

What to Bring

Comfortable sneakers or dance shoes with good support

Breathable workout clothes

Water bottle and small towel

Who's It For

All levels welcome! Perfect for anyone who loves Afrobeats music, wants an energetic workout, or wishes to sharpen their dance skills in a fun, cultural atmosphere.

For more information, Please Visit Us at: https://syakadarts.my.canva.site/page-6

SYAKAD ARTS 4140 Broadway New York, NY, 10033 http://Walk in Schedule November 4, 2025: 6:30pm November 11, 2025: 6:30pm November 18, 2025: 6:30pm November 25, 2025: 6:30pm December 2, 2025: 6:30pm

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