

October 6 - December 15, 2017

AUTHENTICATE THIS, The Class w/ Katie Workum

Company: Brooklyn Studios for Dance

Venue: Brooklyn Studios for Dance

Location: Brooklyn, NY

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Fridays, Sept. 8-Dec. 15

10am-12pm

\$10

By utilizing Authentic Movement and improvisations to reach a more meaningful and intuitive place from which to be and move, we will become powerful in our dancing and our lives. Authentic Movement is a closed-eyed, long-form improvisational exchange, where we can deepen our intuitive and intellectual selves. We work from equal parts mind, body, choice and impulse, finding new connections and finding true self. This class is open level.

Brooklyn Studios for Dance
210 Lafayette Avenue
Brooklyn, NY, 11238

Schedule

October 6, 2017: 10:00am
October 13, 2017: 10:00am
October 20, 2017: 10:00am
October 27, 2017: 10:00am
November 3, 2017: 10:00am

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