

November 2 - December 7, 2023

## Action Theater improvisation classes - come and play!

Company: Rachel Cohen/Racoco  
Venue: Lower East Side and Zoom  
Location: New York, NY

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Marilia Destot

Weekly by-donation classes in Action Theater improvisation, with Rachel Cohen. In-person and online.

Action Theater is an improvisational physical theater training, created by Ruth Zaporah ([www.actiontheater.com](http://www.actiontheater.com)), that offers pathways into imagination, mindfulness, sensitivity, and audacity while honing awareness of space, time, and form. It is amazing training for performers; it is also amazing training for life. Whether you're a neophyte or an experienced practitioner, come and play!

For more details visit [www.racoco.org](http://www.racoco.org) or email [info@racoco.org](mailto:info@racoco.org).

Rachel Cohen/Racoco  
Contact [info@racoco.org](mailto:info@racoco.org) for details  
New York, NY, 10002

Schedule  
November 2, 2023: 7:15pm  
November 7, 2023: 6:00pm  
November 9, 2023: 7:15pm  
November 14, 2023: 6:00pm  
November 16, 2023: 7:15pm  
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