March 11 - May 6, 2021

Adult Open Class: Umfundalai African Dance

Company: Dance Theatre of Harlem
Venue: Zoom
Location: New York, NY

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Take our Adult Open Class: Umfundalai African Dance on Thursdays, 6:30-7:45pm ET, on Zoom for $8. Our class will be taught by DTH Instructor Erin Bryce Holmes, M.S., LCAT, BC-DMT! Purchase Tickets

Umfundalai (ma-foon-da-la) is a Kiswahili word meaning, "essential". This contemporary Pan-African dance technique draws from movements and traditions of the African Diaspora. The technique espouses a wholistic view of the body and the arts including theater, drumming, song, masquerade, and vocalization. The codified technique of Umfundalai stands on the shoulders of the Katherine Dunham and Pearl Primus technique. It is great cardio and history all in one class!

You don't want to miss it! All purchases for open classes must be made by 6pm EDT/ 3pm PDT the day of the class. After that time, purchases will be closed.

Learn more about our Adult Open Classes

Dance Theatre of Harlem
Dance Theatre of Harlem
New York, NY, 10031
2126902800
https://www.dancetheatreofharlem.org/adultopenclasses/

Schedule
March 11, 2021: 6:30pm
March 18, 2021: 6:30pm
March 25, 2021: 6:30pm
April 8, 2021: 6:30pm
April 15, 2021: 6:30pm
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