

April 2 - May 14, 2024

## Adult Open Classes

Company: Dance Theatre of Harlem  
Venue: Dance Theatre of Harlem  
Location: New York, NY

► [Share](#) | [Print](#) | [Download](#)



Tuesdays Through May 14, 2024

Dance Theatre of Harlem Adult Open Classes with Darryl Quinton

### Ballet Basics, 6:30pm – 7:30pm

Explore the fundamentals of ballet in a fun, laid-back environment. Appropriate for beginners and those who've been away from ballet for a while. The class focuses on correct alignment, increasing flexibility and range of motion, developing strength, articulation and the joy of movement.

### Jazz Dance Workout, 7:30pm – 8:30pm

This upbeat, sweaty, fun work-out combines the basics of jazz dance and aerobic exercise, with an emphasis on building strength, endurance, and range of motion. No previous dance experience necessary.

Take one class for \$20 or a evening combo for \$35.

[www.dancetheatreofharlem.org/openclasses](https://www.dancetheatreofharlem.org/openclasses)

Dance Theatre of Harlem  
466 West 152nd Street  
New York, NY, 10031  
212 690-2800

### Schedule

April 2, 2024: 6:30pm  
April 9, 2024: 6:30pm  
April 16, 2024: 6:30pm  
April 23, 2024: 6:30pm  
April 30, 2024: 6:30pm  
[more](#)

[< back](#)

[previous listing](#) • [next listing](#)