

Tuesday, September 5, 2017 - Tuesday, May 15, 2018

Adv Limón Class at Peridance

Company: Limón Dance Company
Venue: Peridance Capezio Center
Location: New York, NY

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Advanced Limón class led by a faculty of current and former members of the Limón Dance Company and artists affiliated with the Limón aesthetic. Limón training provides an organic approach to movement that can serve dancers of various backgrounds, with an emphasis on the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness.

Limón Dance Company
126 E 13th St
New York, NY, 10003
212-777-3353
http://limon.org/training/open_classes/

Schedule
September 5, 2017: 10:00am
September 12, 2017: 10:00am
September 19, 2017: 10:00am
September 26, 2017: 10:00am
October 3, 2017: 10:00am
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