

Monday, August 17, 2015 - Monday, June 27, 2016

Advanced Beginner Ballet class with Kat Wildish

Company: Ripley Grier Studios / 939 8th Avenue

Venue: The Ripley Grier Studios

Location: New York City, NY

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Kyle Forman

All classes at Ripley Grier will be \$15 per class / cash only

Visit <http://katwildish.com/classes/page2.php> for more details

or email hope@katwildish.com

~~Over three decades of teaching, Kat Wildish has developed a distinctive, systematic, and highly effective approach to dance education. In her beginner & intermediate technique classes, correct placement is the root of Kat's pedagogy. She gives a long barre and her entire syllabus is constructed to demand constant awareness of skeletal alignment, core strength, and proper weight distribution. Plus, she nags. The intricacy of her combinations ensures that students learn to pick up steps quickly and accurately, so they're ready for anything that another teacher—or an audition—might throw at them.

Kat's classes are sparked by humor, but her witticisms always have a purpose: She takes her students seriously, whatever their technical level. A broad spectrum of ages and body types are represented, and she attracts an unusually high proportion of men.

Wildish never forgets that ballet is a performing art. Her repertory workshops offer anybody—professionals to complete novices—the chance to rehearse and appear in stagings of classical ballets. She also teaches four-week pointe/variations classes, exploring the fundamentals of pointe work and coaching dancers in classical variations (e.g., Amor from Don Quixote; Sugar Plum Fairy from Nutcracker).

And finally, there is attitude: Wildish teaches more than technique; she cultivates a sense of individual presence. Her classes promote balance, focus, and grace as students move through class—and through life.

~~Everyone can learn something here. Recommended for aspiring dancers of any discipline. Some knowledge of ballet and basic fundamental skills are needed, such as the five ballet positions and the awareness of your left from your right. In these classes you will learn and reinforce the seven movements in dancing and the ballet vocabulary.

www.katwildish.com

Ripley Grier Studios / 939 8th Avenue
939 8th Avenue Between 55&56; Street
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<http://katwildish.com/classes/page2.php>

Schedule
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